

# GOLD WING ROAD RIDERS ASSOCIATION

**Chapter D Directors  
Richard and Debbie Bonham**



**GWRRR  
Richmond, VA  
Chapter "D"  
Appalachian Region N  
OCTOBER 2011 NEWSLETTER**

**Couple of the Year – Bob and Hope Carneal  
Your Next Gathering will be OCTOBER 26, 2011  
Next Month the meeting will be a week earlier 11-16-2011**

**Chapter Web Site [www.richmondwings.com](http://www.richmondwings.com)  
Virginia District Web Site <http://www.gwrrava.org>  
National Web Site [gwrra.org](http://gwrra.org)**

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# GWRRA VA CHAPTER D



## OCTOBER



SUN	MON	TUES	WED	THUR	FRI	SAT
						1
2	3	4	5	6 RITV	7 RITV	8 RITV
9 RITV	10 Columbus Day Observed 	11 Chapter W's Gathering at Pietroe's Italian Rest.	12	13	14	15
16 Chapter U' Chapter "W" go to Chapter "P" in Charlottesville	17 Billy and Lee's Anniversary	18	19	20 Chris Hooper B'day	21 Wyse Burton's B'Day	22
23 Ginny Broughton's B'day	24	25 John and Jo Taylor Anniv.	26 Chapter D's Gathering at Candela's Italian Rest. Kathy Hooper B'day	27	28	29 Debbie Dowell B'day
30 Joe Washington's B'day	31 				November Meeting will be a week earlier November 16, 2011	



**RICH AND DEBBIE BONHAM, CHAPTER DIRECTORS  
NEWS**

Greetings,

The air temperature is finally cooler and bearable now. The leaves are turning and Halloween is right around the corner. What a beautiful time of year. Finally we can ride and not be as hot as we were just a short time ago. The sights to enjoy in our area and state are endless. Be sure you get out and enjoy the fall weather and take in all the beauty.

For some, as fall draws to an end, the riding season is over. This is not the case for Chapter D. We will continue to ride and enjoy it for the months ahead. As long as the roads are dry, Chapter D will be riding. The group that rides every Tuesday will continue to ride every Tuesday weather permitting. If you would like to be included on the emails for these rides, just let one of us know. The weekly rides have continued to grow this year. It seems new folks are joining the rides weekly. This is what we are all about. Riding and enjoying each other's company.

As you all know the Virginia District Rally in the Valley was just recently held in Salem. It was so good to see so many people attend this year. I would like to thank Mike & Angie and the entire Virginia District Staff for a job well done. The change in the schedule and the variety of events that were offered were outstanding. For those of you that did not attend, please make your plans for next year. If you have not been to the rally recently, you will be pleasantly surprised at the available activities that are now being offered. It is a very fun weekend and the only thing missing this year was you. So be sure to participate next year and see for yourself what I am talking about. We want to see you there.

GWRRA is about you. You make the group what it is. So come on out and see what your missing. Come to a Chapter gathering. Ride along with us on a Chapter ride. You can find something that interests you in this organization and better yet, when you come on out, bring a friend.

Ride safe and ride often. November meeting will be a week earlier on Nov. 16, 2011.

Rich & Debbie Bonham Chapter D Directors

## MARIE REPORTS THE NEWS (GOSSIP, RUMOR & HERESAY) AND SPECIAL EVENTS



### **DONATIONS TO THE HOMELESS HEARTS ARE**

**WELCOME** We are always collecting the individual soaps, shampoos, conditioners, and lotions, etc. that you get from the hotels when traveling. Make sure you collect them for us and we will make sure that they get delivered to the YWCA Battered Women's

Shelters. Bring them to our meetings or give them to a Chapter D member when you see them. Thanks for all your help during the year.



**2012 CALENDARS FOR LUCY CORR.** If you start to receive 2012 calendars and just don't have a place for all of them, consider donating them to Lucy Corr for their residents. They give every

resident a new calendar each year and also provide one to new residents when they move into the complex. Bring them to the Chapter D meetings or call a staff member.



### **EVERY WEDNESDAY IS BIKE NIGHT AT QUAKER STEAK AND**

**LUBE** Get there early because the place fills up fast. Located at 8000 West Broad Street, east of Parham Road.



**ICE CREAM RIDES ARE THE THURSDAY AFTER OUR REGULAR MONTHLY MEETING.** We'll be traveling to a different ice cream shop every month. We meet at Candela's Italian Restaurant for the monthly Ice Cream Run!



**TUESDAY RIDES...**If the weather is good (or even mediocre) you can guarantee there is a ride planned for somewhere. Tommy Broughton (tbgb12068@aol.com and Ted Nemes (evn00@verizon.net) have planned some excellent rides this year and will continue to do so as long as we have people who want to ride. If you want to be added to the Tuesday ride list, let them know.



### **MARK YOUR CALENDAR FOR THE ALL CHAPTERS CHRISTMAS PARTY**

on Sunday, December 4 at Pocahontas State Park. Details to follow as soon as we have them. Just like last year it's an event hosted by all 3 local GWRRA chapters. Chapter D participants are

responsible for desserts this year.



I wish to express my appreciation for your generosity in supporting your Chapter for the events of Rally in the Valley 2011. Your personal donations and commitments were incredibly helpful and allowed us to reach our goal.

Your assistance means so much to me but even more to Chapter D. You have made it so easy. Thank you, Debbie Dowell

**NOVEMBER MEETING WILL BE A WEEK EARLIER DUE TO THANKSGIVING.**

**Submission of pictures and articles** are requested and encouraged. As a Chapter member, this is YOUR newsletter; articles may be submitted on a wide range of topics related to motorcycling and Chapter activities. All articles submitted to this newsletter will be edited at the discretion of the Newsletter Editor and Chapter Director based on available space. E-mail submissions to the newsletter editor at [graneth1@verizon.net](mailto:graneth1@verizon.net) must be received no later than the 10<sup>th</sup> of the month to be entered in the current edition. Thanks for your support and articles.

- **FOR SALE** How much is that little doggie in the window? John and Jo Taylor have 9 beautiful Golden Doodle Puppies that will be ready for sale after Halloween. These perfect little balls of fur would make an excellent Christmas present for a loved one. These "Designer" dogs are a mixture of Golden Retriever (best personality in the world) and Standard Poodle (smartest dogs in the world). They don't shed and have the most beautiful coats too. If you or someone you know are interested give John or Jo a call at 804-330-9456. Give them a call soon to reserve your puppy. We have one of the little darlings and he's the best dog we've ever had, bar none. Ted
- **FOR SALE 2006 Honda VTX 1800S3** - that's the Retro model with chrome spoke wheels, flared fenders, and the top level of factory chrome.

My girl "Blaize" is black and orange (factory) and loaded with chrome. She's dressed out for touring and has about 7000 miles, Switchblade (removable) windshield with storage bag, Cobra sissy bar/backrest/rack, Leather Lyke hard saddle bags, Kuryakyn flame floorboard covers and grips, Kuryakyn power pod on the handlebars, Cee Bailey "Bakup" tilting rider backrest, flame chrome grill insert, Rivco driving lights and light-bar, Kuryakyn brake pedal cover, Kuryakyn Hypercharger with Power Commander, chrome clutch and brake levers, over sized chrome throttle rocker, chrome fender accents, Kuryakyn highway bars, mini soft trunk/cooler.

She has never been laid down and has spent her entire life in a heated and air conditioned garage, taken out only for short rides by a little (?) old man who loves her ... or for a bath. Longest ride has been 200 miles, round trip to D.C. and the only mark on her is a small scratch on the front fender from a leather tool bag (which was disposed of when the scratch was noticed).

She's only been ridden two-up a couple of times!

I'm asking \$8500 - ridiculously low price for this doll.

If you are interested, or know anyone who might be interested in adopting my little (?) girl, please contact me.

Pictures available on request.

**Billy WWW Russell**  
)"Wrong Way Willie"  
[billywrussell@msn.com](mailto:billywrussell@msn.com)



**Well wishes for those ill, injured or hospitalized. Let's please keep these fine folks in our hearts and prayers. If you hear about someone being ill, please pass this info on to Ethel or Rich so we can note this in the newsletter.**

Belle is not feeling well again. Said it was her stomach and back. She had surgery again on September 20. She will still require one more colon surgery so continue to keep her in your thoughts to recover soon. This hopefully will be the last surgery she will need for awhile. Junie is experiencing some heart problems again too. His heart is out of rhythm again. He is wearing a pacemaker. Our best wishes go out to them both to feel better soon.

Rich Bonham's dad, Mr. Vaughn Bonham fell and broke his hip. Rich and Debbie were at the Rally so they were close to the Carillon Roanoke Hospital where he was taken. He is doing very well and hopefully will be up and about soon. He turned 90 on October 15.

Jackie Westendorf is undergoing chemo every week. Let's all keep her in our thoughts. Please let her know she has many friends that will help support her as she goes through this.

Ginny Broughton will undergo a second hip replacement surgery on the 18<sup>th</sup>. We hope Ginny will get along good and recover as fast as she did the first time.

## **OCTOBER BIRTHDAYS AND ANNIVERSARIES TO CELEBRATE**

### **Birthdays**

Chris Hooper – Oct 20  
Wyse Burton – October 21  
Ginny Broughton – October 23



### **Anniversaries**

Billy and Lee Russell – Oct 17  
John and Jo Taylor – Oct 25

If we don't have you listed in your month, please contact either Ethel Nelmes or Brenda Cook with the relevant dates. Thanks



## THE COOK'S CORNER by Debbie Bonham

### Lasagna Soup Recipe

- 1 lb lean ground beef (or ground turkey)
- 1 large green pepper, chopped
- 1 medium onion chopped
- 2 garlic cloves minced
- 2 cans (14-1/2 oz each) reduced sodium beef broth
- 2 cans (14-1/2 oz each) diced tomatoes
- 1 can 8 oz tomato sauce
- 1 cup frozen corn
- 1/4 cup tomato paste
- 2 tsp Italian seasoning
- 1/4 cup tomato paste
- 2 tsp Italian seasoning
- 1/4 tsp pepper
- 2 1/2 cups uncooked spiral pasta
- 1/2 cup shredded parmesan cheese

#### Directions

In a large saucepan, cook the beef, green pepper and onion over medium heat until meat is no longer pink. Add garlic; cook 1 minute longer. Drain.

Stir in the broth, tomatoes, tomato sauce, corn, tomato paste, Italian seasoning and pepper. Bring to a boil. Stir in pasta. Return to a boil. Reduce heat; cover and simmer for 10-12 minutes or until pasta is tender. Sprinkle with cheese. Yield 8 servings.



**Look for your Membership # in this Newsletter. If you find it and bring your current membership card to the next dinner meeting, you will win ten 50/50 tickets for the drawing at the close of the next monthly meeting. Look for your number in this newsletter. It might be very profitable for you. A member recently won the 50/50 jackpot with his membership # tickets. It might happen to you!**



#### Bill and Winnie McGill at Bear Tooth Pass

**They both traveled out west this summer and sent us some fabulous photos of their trip along with a blog every day. We enjoyed your trip vicariously. Thanks to both of you.**



**Fonzie and Company at Soda Shop  
Was it Happy Days or a Happy Ending?**



**Jerry is that you? WOW!**



**Bob and Hope Carneal at the COY Selection.**



**Table Decoration for Chapter D – Harvest Festival Theme**



**Debbie Dowell decorated and carved the 80 pound  
pumpkin for the Pumpkin Contest. What a fine job she did to win 1<sup>st</sup> place for Chapter D.**



### **The winners at Rally in the Valley.**

Pumpkin decorating	1 <sup>st</sup> Place – Original, Funny	Chapter D
Happy Days Skit -	3rd. Place (prize money)	Chapter D
Oldest Rally Shirts Contest	1st. Place	Tommy Broughton
“ “ “ “	3rd. Place	Wyse Burton
Bake Off -	1st. Place for Best Pumpkin Taste-	Ginny Broughton
Table Decoration	1st. Place	Chapter D
Theme Basket	Prize money	Chapter D
Bike Show	1 <sup>st</sup> Place Class 26	Joe Washington
Bike Show	1 <sup>st</sup> Place (bike and trailer	Bob Carneal

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### **Chapter Educator News – Billy Russell**

**Well, here we are again.**

**October. Those beautiful ... and dangerous ... leaves are back.**

**But I'm not going to caution you yet again about riding on wet, leafy fall roads.**

**I'm not going to lecture you about dehydration and avoiding its serious effects.**

**I'm not even going to write endless paragraphs about your First Aid kit, or keeping your medical information in your helmet with a little tag outside for first responders.**

**Or even riding with distractions...**

**Or the importance of TCLOCS ...**

**I'm not even gonna take up your time with tires, or the importance of riding classes, or watching your meds, or the evil of alcohol and riding, or the dangers of tailgating, or excessive speed, or anything about riding a motorcycle.**

**Nope. Not gonna do it.**

**I want to talk about something that comes a lot closer to home for many of us. How's that possible you ask? What's more important than all those things to a motorcycle rider you say?**

**Obviously those are all important things, even lifesavers. And they are important whether you're riding on two, driving on four, or piloting 18.**

**But we're not always moving around in or on vehicles. Sometimes we're just living.**

**I've recently taken time to research something that's a threat to life and has nothing to do with riding, driving, or any kind of travel ... for everybody. We all read about it in the news, on see reports on TV or radio, or maybe even hear about it from a friend, family, ... or a doctor.**

**High blood pressure. Hypertension.**

**You don't have to be old to have it. You don't have to be fat to have it. You don't have to be a couch potato to have it. You just have to be human. And it can kill you.**

**If you have it and ignore it, you WILL pay a high price. Heart attack, stroke, dementia ... or death.**

**High blood pressure damages the heart, blood vessels, and other organs. Blockages in the blood vessels can cause stroke.**

**Eating the wrong foods, smoking, and other every day things can cause this killer and it is just too serious to ignore.**

**Having a nosebleed doesn't mean you do or don't. You don't have to be dizzy to have it.**

**That machine in Wal\*Mart just isn't good enough.**

**Get your blood pressure checked regularly by someone who knows how. You can't tell if you have it without being properly tested. Ask a fireman or a nurse whom you know, or stop by the firehouse.**

**If it's high, see your doctor and find out why. When your doctor tells you how to take care of it, follow directions.**

**Take care of your blood pressure for life. 31132  
Take care of it for your loved ones.  
Take care of it for ALL of us who care about you and**

**Keep the rubber side down.    www**



**WOW we were so proud of Hope and Bob Carneal representing Chapter D in the District Couple of the Year selection. They did a fine job answering questions and they both looked great! Once again they represented us well and we are proud to call them Chapter D Couple of the Year. The Chapter Y couple from Leesburg, Tommy and Gayle Wilson, were chosen to represent the District. North Carolina's couple Mike & Dean Stokes won Region COY. Thanks to both of you, Bob and Hope for all you do.**



## **NEWS FROM OUR CHAPTER COUPLE OF THE YEAR, BOB AND HOPE CARNEAL**

Continuing our summer trip news from last newsletter:

After leaving our new friends in Bellingham Washington, we headed to Coulee's Dam, and Crater Lake (most beautiful area to step back and take in all the beauty). Then on to a ghost town in Montana, we traveled to Glacier National Park, Sturgis, Deadwood, Black hills, and Devils Tower. From South Dakota we headed around Lake Superior, and then stayed in Michigan and around Lake Erie. Afterwards we headed home. Great all around trip, we camped all but 10 days. We had two evenings and days of heavy rain, hot weather, cold weather, even saw snow and had a snowball fight. We would do it all over again in a heartbeat.

Back at home again and busy with the Rally, which turned out to be a great weekend with our GWRRA family. There were lots of great organization from the District Staff, and help from all the Region N Districts. Thanks go out to all of them! Chapter D was in big attendance at the VA Rally in the Valley Convention. Fun was had by all and the weather was just great! We hope we made Chapter D proud as we represented them in the District Couples Selection. Thanks go out to our Chapter Directors, Rich & Debbie for that great introduction of us at the selection process. Best wishes go out to all the couples who continue to do what they do best by being themselves. They visit other Chapters and promote the Couples Program. Next time you see Tommy & Gayle Wilson, congratulate them on their new title as District Couple 2012.

Other happenings at the Rally were Chapter D took third place in the Friday night skits with our Happy Days impromptu skit that was fun to do. We won first place in the table decorations, Joe Washington & Bob both got 1<sup>st</sup> place plaques from the bike show, our Chapter theme basket did well in the basket drawing, the pumpkin bake off "best pumpkin taste" was won by Ginny Broughton, the pumpkin carving and decoration won 1<sup>st</sup> place thanks to Debbie Dowell who is so very creative. Chapter D had a great time with everything we did.

We are wondering what great theme Mike & Angie will come up with for Wingless Weekend Feb. 17 & 18 at the Crowne Plaza in Richmond. Stay tuned to find out.

We're looking forward to seeing everyone at the next ride or at our next Chapter meeting.  
Ride safe! Bob & Hope Carneal VA District Treasurers & very proud to be VA-D Couple 2011



## **25 YEARS by Tommy Broughton**

My how time does fly. Seems like only yesterday, but it has been 25 years since Ginny and I attended our first rally. We have attended the last 25 Virginia State Rallies'. This year's rally was a really good one. The weather was as good as you could ask for at this time of year and there was a good crowd in attendance to enjoy all the festivities. Even though I was born very close to Salem I had never heard of Paint Bank, Va. until this year. It is about 45 miles west of the rally on Rte 311 and the ride over there was very pretty on a road made for motorcycles. The general store and restaurant were very nice with great food. We even had a bear to cross the road in front of us while riding over there. We will ride back there and recommend the ride to everyone. Chapter D was well represented this year and brought back a few prizes. Debbie Dowell got three awards for her carved pumpkin. Ginny Broughton got first place for her baked pumpkin bread. Tommy Broughton won for having the oldest Rally T shirt which was from Doswell, VA in 1986. Because of the ride to Paint Bank I didn't get to the bike show but I understand that Joe Washington and Bob Carneal both won their classes. Although Bob and Hope were not selected as the District Couple they did a great job representing our Chapter and we can all be proud of the effort they made and what they have done for us. It would be wonderful to think we could attend 25 more State Rally's but because we aren't getting younger we know that is not going to happen. We will do it as long as the Good Lord will allow it and be thankful for all the good times and great friendships we have enjoyed. *Tommy*

*Rich and Debbie Bonham, Directors  
Chester, VA 23831*



OCTOBER 2011 NEWSLETTER

**GOLD WING ROAD RIDERS ASSOCIATION**  
**MOTTO: FRIENDS FOR FUN, SAFETY AND KNOWLEDGE**

**Your Next Gathering will be at Candela's on Midlothian on  
OCTOBER 26, 2011**

**NOVEMBER MEETING WILL BE A WEEK EARLIER DUE TO THANKSGIVING.**  
**SEE YOU ON THE 16<sup>TH</sup> OF NOVEMBER.**



**QUOTE OF THE MONTH: Those bikes should not be called HOGS, but instead DOGS. They are not leaking oil but marking their territory. Author Unknown**