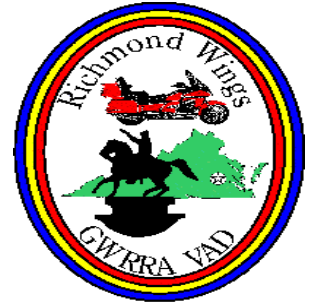


GOLD WING ROAD RIDERS ASSOCIATION

**Chapter D Directors
Richard and Debbie Bonham**



**GWRRR
Richmond, VA
Chapter "D"
Appalachian Region N
FEBRUARY 2011 NEWSLETTER**

**Couple of the Year – Bob and Hope Carneal
Your Next Gathering will be FEBRUARY 23, 2011**

Happy Valentine's Day



Chapter Web Site www.richmondwings.com
Virginia District Web Site <http://www.gwrrava.org>
National Web Site [gwrra.org](http://www.gwrra.org)

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VA D



2011 GWRRA

SUN	MON	TUES	WED	THUR	FRI	SAT
		1	2 Ground Hog Day 	3	4	5
6	7	8 Chapter W Gathering 7 PM	9	10	11 Gretchen and Jerry's Anniv	12
13 Chapter U's Meeting (note a week early due to Wingless Weekend)	14 Happy Valentine's Day 	15	16 Chapter E Meeting	17	18 Wingless Weekend Crowne Plaza Richmond	19 Wingless Weekend Crowne Plaza Richmond
20	21	22 Calvin Hall B'day	23 Chapter D Gathering 7 PM	24	25	26
27	28 Hunter McCloud B'day					

FUTURE IMPORTANT DATES – MARK YOUR CALENDAR

Wingless Weekend @ Crowne Plaza – Broad St Richmond, VA February 18, 19, 2011

Lucy Corr Bingo Nite March 18th (Friday night) 6:30 – 7:30

Chapter Poker Run April 30th at River City Diner 9-2 PM

Monthly Gatherings Candela's Italian Restaurant 7 PM

Take 288N to Powhatan/Midlothian Right (1 mile then Right to (Ivymont Shopping Center)

Rich and Debbie Bonham, Chapter D Directors News



Well, can you feel it yet? You know it is right around the corner. You know you want it so bad you can feel it and taste it. You know it's on the way. You know it has to come. You look at the calendar and you are marking off the days until it happens. I know you are. We sure are.

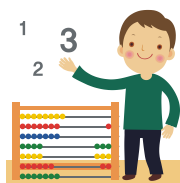
Of course I am talking about spring time and warmer weather that will be more suitable for riding. I know many of us keep on going all year round but let's face it; it is much more enjoyable when the mercury rises, the sun is out and the grass and trees are green once again. Be patient, it is right around the corner. Trust me! I know once we get back to riding again on a regular basis it does take a few miles to get your senses and reactions back to where they need to be. So be aware of that when you climb back on that bike. Take it easy at first. Kick the rust off your riding skills and get back in the groove at a slow, safe pace.

As we enter this New Year and in fact have already kissed one month good bye already, Debbie and I want to hear from you. Let us know what you would like your Chapter to do this coming year. Where do you want to ride? What do you want to go see? What can the Chapter offer to you that will be of benefit that it is already not offering you? How about the monthly gatherings? What would you like to see change with these? What kind of guest speakers would you like to have come on out and talk to us? What are your interests? Please communicate with us via email, telephone, or in person. Let us hear from you please.

I know it is early but please mark your calendars and save the date on April 30th for Chapter D's yearly event and fund raiser. We are going to do a poker run and Tommy Broughton will be coming up with another wonderful ride through Chesterfield and Powhatan counties. We want everybody to come on out and have some fun with us and win some prizes and enjoy some good food at River City Diner who is graciously allowing us to use their facilities and parking lot once again. It is guaranteed to be a fun event. So save the date please and come on out, over, up or down, whatever the case might be for you.

By the way, in case you were wondering when you come to our monthly gathering on February 23rd, it will only be 304 days until Christmas.

See you soon and ride safe and let's ride. *Rich & Debbie*



Membership Number

Look for your Membership # in this Newsletter. If you find it and bring your current membership card to the next dinner meeting, you will win ten 50/50 tickets for the drawing at the close of the next monthly meeting. Look for your number in this newsletter. It might be very profitable for you.

District News by Mike Mitchell

Wingless Weekend Update

The new location Crowne Plaza, Broad St Richmond fits our needs wonderfully. The hotel was recently updated to Crowne Plaza standards. The rooms will run \$72 a night, and include free internet access, alarm clock with CD player, hairdryer, ironing board with iron, coffee maker, 27" TV with cable and a Sleep 243550-01 Advantage Amenities package. The hotel also has a fitness center, indoor pool and whirlpool. The conference center is located at the backside of the hotel so it is out of the flow of traffic, but is connected to allow for indoor access. There are 500 parking spaces specifically for the conference center, so parking will not be a problem.

We will have a familiar setup in that we will have registration just outside of the Ballroom where the Friday night festivities will be held. The Ice Cream Social will take place in the hospitality suite in rooms 746, 748 and 750.

For Saturday, the Ballroom will be divided into 3 separate meeting spaces for our functions. We will also have two more rooms just around the corner that will accommodate our Med First Classes. The hallways will be used for Departmental Tables as in the past.

Saturday Evening, the dinner will be held in the ballroom. This will be a plated meal consisting of a salad, rolls, your choice of meat (Fried Chicken or Pork Loin) green beans and scalloped potatoes. Desert and Tea/Coffee will be included. You will have to make your choice of meat on the registration form. Angie went to a "tasting" to check out the food and brought me home a plate. It was wonderful. The pork loin was stuffed with an apple stuffing with gravy on it. The fried chicken was fantastic.

The hotel is easily accessible from Interstate 64 at exit 183. It is located on Broad Street which has shopping and restaurants in both directions for miles. Every kind of food imaginable is within a couple of miles. In the packets, we will have a map highlighting most of the eateries around.

Besides serving as the State Capital, Richmond is packed with historical and cultural sites, so we decided why not offer a tour of our city? We have arranged with Winn Bus Lines, a brief sightseeing tour of Richmond. This will consist of about an hour and a half to two hour tour pointing out some of Richmond's highlights. The cost for the tour is \$16 and will be based on preregistration. We will need a minimum of 25 people to make this happen. They can handle as many as we have so no limit. We will set this up for before lunch, probably 10 – 12. This will allow folks to check out things in the morning, take the tour and still leave time for afternoon activities.

Another event we have set up is a Mary Kay "Ultimate Pampering Session" for after lunch. All ladies that attend will receive a lip and hand treatment and a personalized skin care treatment. This complementary, and please check out more information on this later in the newsletter.

We also have someone from the Law Offices of Tom McGrath coming to give a talk. Not the insurance talk that most of us have heard but some new information that may be of use to some of us. We always appreciate Tom and his crew and their support of not only GWRRA, but motorcyclist of all kinds.

Wingless is shaping up to be a new and exciting event, one that you won't want to miss.

CROWNE PLAZA - Wingless Weekend, Couple of the Year Door Decorating Contest, Couple of the Year Reception, CPR / First Aid Courses, Tours to Visit historic sites within Richmond

More District News



Rally in the Valley Logo Contest

Virginia GWRRA's Annual Convention Presents
“Harvest Festival”

2011 Rally In The Valley® Logo Contest – People’s Choice

WHAT ARE THE GUIDELINES FOR SUBMITTING AN ENTRY?

1. Limit of 6 colors;
 2. Colors should be clearly identified;
 3. Logo does not have to be professionally designed or to perfect scale;
 4. The name “Rally In The Valley ®” has to be part of the design;
 5. A Gold Wing motorcycle has to be part of the design;
 6. The GWRRA name should be included somewhere
 7. Include dates October 6-8, 2011
 8. Include Salem, VA
- (Electronic copies in color can be submitted as well as hard copy entries)

WHO CAN ENTER?

All VA GWRRA Members (including District Staff Members)

WHAT DOES THE WINNER RECEIVE?

- 2 Free Registrations for the 2011 RITV
- 1 free RITV shirts

All entries have to be received no later than 1 February 2011; the winner will be announced Saturday evening at the Banquet at Wingless Weekend. Good luck to all!

E-Mail to:

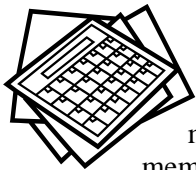
gwtgger@aol.com or Mail to:
GWRRA VA District Directors
3306 Listerbrook Ct
Richmond, VA 23230



Marie Crow, Historian and Events Coordinator reports the Gossip, Rumors, Hearsay, along with Special Events



Donations to the Homeless Hearts are welcome We are always collecting the individual soaps, shampoos, conditioners, lotions, etc. that you get from the hotels when traveling. Make sure you collect them for us and we will make sure that they get delivered to the YWCA Battered Women's Shelters. Bring them to our meetings or give them to a Chapter D member when you see them. Thanks for all your help during the year.



Calendars for Lucy Corr If you can get calendars or have some to donate, we're still collecting them for Lucy Corr. They give every resident a new calendar each year and also provide one to new residents when they move into the complex. Bring them to the Chapter D meetings or call a staff member.



Bingo at Lucy Corr March 18, 2011 (Friday Night) at 6:30-7:30 PM. The residents at Lucy Corr absolutely love us to come and play Bingo with them. We bring such great prizes and everyone leaves there with a prize of their choice. I'll need some volunteers to help with this event so if you haven't done this before, it will be great fun and the residents will be pleased to see us again.



CHAPTER D POKER RUN is Saturday April 30th from 9-2 at River City Diner on Huguenot Road
Mark your calendar now and we'll fill you in on the details later.

Bike Rallies for 2011 – Larry insists that we should ride to all of them in 2011!

- March 4-13 Bike Week - Daytona Beach, FL
- May 13-22 Bike Week – Myrtle Beach, SC
- June 6-11 Americade – Lake George, NY
- June 9-17 Bike Week – Laconia, NH
- July 6-9 Wing Ding – Knoxville, TN
- July 8-14 Bike Rally – Sturgis, SD
- Sept. 15-18 Delmarva Bike Rally – Ocean City, MD
- Sept. 28-Oct 2 Bike Week – Myrtle Beach, SC
- Oct. 6-9 Rally in the Valley – Salem, VA
- Oct. 13-16 Biketoberfest – Daytona Beach, FL
- Feb 19-20 International Bike Expo – Chantilly, VA

Billy Russell, Chapter Educator



GWRRA
Rider Education



I read John Bowles' (Chapter Educator, VA-B) article in their newsletter this month and felt nobody could do a better job with his subject. So, thanks to Mr. Bowles, here are "50 WAYS TO SAVE YOUR LIFE".

www

While I'm still looking out the window at 8 to 9 inches of snow, I know we'll all be back in the saddle soon. This month I thought I'd provide a great general reference of safety thoughts rather than a detailed focus on one safety topic. To this end I'm sharing with you a neat article I located on the Motorcycle Cruiser website that was taken from Motorcyclist Magazine which I'm sure includes something for everyone. Hope to see you all at Wingless Weekend where there will be several training courses available to you and also look forward to seeing you at our Polar Bear Run.

50 Ways to Save Your Life

Assume you're invisible

Because to a lot of drivers, you are. Never make a move based on the assumption that another driver sees you, even if you've just made eye contact.

Be considerate

The consequences of strafing the jerk du jour or cutting him off start out bad and get worse. Pretend it was your grandma and think again.

Dress for the crash, not the pool or the prom

Sure, Joaquin's Fish Tacos is a five-minute trip, but nobody plans to eat pavement. Modern mesh gear means 100-degree heat is no excuse for a T-shirt and board shorts.

Hope for the best, prepare for the worst

Assume that car across the intersection will turn across your bow when the light goes green, with or without a turn signal.

Leave your ego at home

The only people who really care if you were faster on the freeway will be the officer and the judge.

Pay attention

Yes, there is a half-naked girl on the billboard. And the chrome needs a polish. Meanwhile, you could be drifting toward Big Trouble.

Focus.

Mirrors only show you part of the picture Never change direction without turning your head to make sure the coast really is clear.

Be patient

Always take another second or three before you pull out to pass, ride away from a curb or merge into freeway traffic from an onramp. It's what you don't see that gets you. That extra look could save your butt.

Watch your closing speed

Passing cars at twice their speed or changing lanes to shoot past a row of stopped cars is just asking for trouble.

Beware the verge and the merge

A lot of nasty surprises end up on the sides of the road: empty McDonald's bags, nails, TV antennas, ladders, you name it. Watch for potentially troublesome debris on both sides of the road. Left-turning cars remain a leading killer of motorcyclists. Don't assume someone will wait for you to dart through the intersection. They're trying to beat the light, too.

Think before you act

Careful whipping around that Camry going 7 mph in a 25-mph zone or you could end up with your head in the driver's side door when he turns in front of you.

Beware of cars running traffic lights

The first few seconds after a signal light changes are the most perilous. Look both ways before barging into an intersection.

Check your mirrors

Do it every time you change lanes, slow down or stop. Be ready to move if another vehicle is about to occupy the space you'd planned to use.

Mind the gap

Remember Driver's Ed.? One second's worth of distance per 10 mph is the old rule of thumb. Better still; scan the next 12 seconds ahead for potential trouble.

Beware of tuner cars

They're quick, and their drivers tend to be young and aggressive, therefore potentially hazardous.

Excessive entrance speed hurts

It's the leading cause of single-bike accidents on twisty roads-some cruisers can make unheard of amounts of power. Use it on the way out of a corner, not in.

Don't trust that deer whistle

Ungulates and other feral beasts prowl at dawn and dusk, so heed those big yellow signs. If you're riding in a target-rich environment, slow down and watch the shoulders.

Learn to use both brakes

The front does most of your stopping, but for a lot of heavy cruisers a little extra rear brake can really help haul you up fast.

Keep the front brake covered-always

Save a single second of reaction time at 60 mph and you can stop 88 feet shorter. Think about that.

Look where you want to go

Use the miracle of target fixation to your advantage. The motorcycle goes where you look, so focus on the solution instead of the problem.

Keep your eyes moving

Traffic is always shifting, so keep scanning for potential trouble. Don't lock your eyes on any one thing for too long unless you're actually dealing with trouble.

Come to a full stop at that next stop sign

Put a foot down. Look again. Anything less forces a snap decision with no time to spot potential trouble.

Raise your gaze

It's too late to do anything about the 20 feet immediately in front of your fender, so scan the road far enough ahead to see trouble and change trajectory.

Get your mind right in the driveway

Most accidents happen during the first 15 minutes of a ride, below 40 mph, near an intersection or driveway. Yes, that could be your driveway.

Never dive into a gap in stalled traffic

Cars may have stopped for a reason, and you may not be able to see why until it's too late to do anything about it.

Don't saddle up more than you can handle

If you weigh 95 pounds, avoid that 795-pound cruiser. Get something lighter and more manageable.

Watch for car doors opening into traffic

And smacking a car that's swerving around some goofball's open door is just as painful.

Don't get in an intersection rut

Watch for a two-way stop after a string of four-way intersections. If you expect cross traffic to stop, there could be a painful surprise when it doesn't.

Stay in your comfort zone when you're with a group

Riding over your head is a good way to end up in a ditch. Any bunch worth riding with will have a rendezvous point where you'll be able to link up again.

Give your eyes some time to adjust

A minute or two of low light heading from a well-lighted garage onto dark streets is a good thing. Otherwise, you're essentially flying blind for the first mile or so.

Master the slow U-turn

Practice. Park your butt on the outside edge of the seat and lean the bike into the turn, using your body as a counterweight as you pivot around the rear wheel.

Who put a stop sign at the top of this hill?

Don't panic. Use the rear brake to keep from rolling back down. Use Mr. Throttle and Mr. Clutch normally-and smoothly-to pull away. **If it looks slippery, assume it is**

A patch of suspicious pavement could be just about anything. Butter Flavor Crisco? Gravel? Mobil 1? Or maybe it's nothing. Better to slow down for nothing than go on your head.

Bang! A blowout! Now what?

No sudden moves. The motorcycle isn't happy, so be prepared to apply a little calming muscle to maintain course. Ease back the throttle, brake gingerly with the good wheel and pull over very smoothly to the shoulder. Big sigh.

Drops on the face shield?

It's raining. Lightly misted pavement can be slipperier than when it's been rinsed by a downpour, and you never know how much grip there is. Apply maximum-level concentration, caution and smoothness.

Everything is harder to see after dark

Adjust your headlights, carry a clear face shield and have your game all the way on after dark, especially during commuter hours

Emotions in check?

To paraphrase Mr. Ice Cube, chickity-check yo self before you wreck yo self. Emotions are as powerful as any drug, so take inventory every time you saddle up. If you're mad, sad, exhausted or anxious, stay put.

Wear good gear

Wear stuff that fits you and the weather. If you're too hot or too cold or fighting with a jacket that binds across the shoulders, you're dangerous. It's that simple.

Leave the iPod at home

You won't hear that cement truck in time with Spinal Tap cranked to 11, but they might like your headphones in intensive care.

Learn to swerve

Be able to do two tight turns in quick succession. Flick left around the bag of briquettes, then right back to your original

Be smooth at low speeds

Take some angst out, especially of slow-speed maneuvers, with a bit of rear brake. It adds a welcome bit of stability by minimizing unwelcome weight transfer and potentially bothersome driveline lash.

Flashing is good for you

Turn signals get your attention by flashing, right? So a few easy taps on the pedal or lever before stopping makes your brake light more eye-catching to trailing traffic.

Intersections are scary, so hedge your bets

Put another vehicle between your bike and the possibility of someone running the stop sign/red light on your right and you cut your chances of getting nailed in half.

Tune your peripheral vision

Pick a point near the center of that wall over there. Now scan as far as you can by moving your attention, not your gaze. The more you can see without turning your head, the sooner you can react to trouble.

All alone at a light that won't turn green?

Put as much motorcycle as possible directly above the sensor wire-usually buried in the pavement beneath you and located by a round or square pattern behind the limit line. If the light still won't change, try putting your kickstand down, right on the wire. You should be on your way in seconds.

Don't troll next to-or right behind-Mr. Peterbilt

If one of those 18 retreads blows up-which they do with some regularity-it de-treads, and that can be ugly. Unless you like dodging huge chunks of flying rubber, keep your distance.

Take the panic out of panic stops

Develop an intimate relationship with your front brake. Seek out some safe, open pavement. Starting slowly, find that fine line between maximum braking and a locked wheel, and then do it again and again.

Make your tires right

None of this stuff matters unless your skins are right. Don't take 'em for granted. Make sure pressure is spot-on every time you ride. Check for cuts, nails and other junk they might have picked up, as well as for general wear.

Take a deep breath

Count to 10. Visualize whirled peas. Forgetting about some clown's 80-mph indiscretion beats running the risk of ruining your life, or ending it.



February Birthdays and Anniversaries to Celebrate

Calvin Hall Feb 22

Jerry and Gretchen Phinney – Feb 11

Hunter McCloud Feb 28 (Hope's grandson)

If your birthday or anniversary is not listed, we do not have your information. Please contact Ethel Nelmes (1979) or Brenda Cook with the relevant dates. Thanks

Newsletter Publication Policy



VA-D's Chapter newsletter is distributed free of charge to all CURRENT GWRRA members who attend the Chapter gatherings on a regular basis. The funds for the newsletter are paid for with the 50/50 monies that are collected each month at the meetings.

Come on out and support us by purchasing 50/50 tickets each month. The newsletter is available to anyone on the Chapter website at: www.richmondwings.com. We usually have a few extra copies at the monthly gathering. Remember that this newsletter is a measure of your Chapter involvement.



2011 February COY News

Greetings to our GWRRA family,

February is moving right along. This year is flying by. We visited several Chapters last month and enjoyed the visits, the laughter, and the knowledge and overall get together with our friends.

Wingless Weekend is coming up soon on the 18 and 19th of February and we look forward to seeing everyone there. You'll see some of your friends on Friday night in their pajama's are doing some fun skits. And don't forget the Ice Cream Social. YUMMY!

Saturday will be packed full of choices, Richmond tours, Mary Kay Makeup Class, WINGO, Picture Hunt through the hotel, CPR classes and Co-Rider Classes. Saturday evening will host the banquet and the music to get up and practice your own moves or just sit, listen and enjoy. It will be a nice weekend with friends so come on out and join us. !!!

We are looking at attending some meetings/events this month and anyone who would like to join us, you are welcome.

We visited Chapter W on the 8th and had a great time, ate some delicious food, and enjoyed the friendship that their Chapter glows with.

Every Chapter we have visited has had their arms open to friendship.

We plan on visiting Chapter U on Sunday February 13, at 2 PM and then Chapter B's Polar Bear Run on Feb 27th. Our Chapter D meeting will be on the 23rd of Feb. Hope to see you all there.

A heads up for March, we will be heading to Daytona Bike Week March 5-13 and then to Chapter K's Chili Cook Off which is the 19th of March. If you have never been to this chili event, you should join us. It's a nice ride down to Roanoke, many different kinds of chili to spark your taste buds. You can play a game or two of BEANO, buy items for your bike on the Used For Sale Tables, or just visit, laugh and enjoy the day.

On a happy note, send a simple note to a person who you think a lot of. A simple gesture, but a load of joy for the person who receives it. Make that person a smile and it might make their day. Send a hug via a phone call or a message. It will go a long way and you can know that this simple gesture might brighten someone's day with a thought from a friend.

Sending a wish to all for a nice year ahead. Happy Riding. Bob and Hope



If you have something motorcycle related to sell, trade or give away, please contact our newsletter editor for information. The email address is graneth1@verizon.net or Rich at richardbb@comcast.net Please remember to let Ethel or Rich know when you would like to have the ad removed, especially if the item has been sold. Thank you.

- **Couple looking for Honda Gold Wing Trike, under 50,000 miles, near or around Richmond, Virginia. Not interested in bike with voyager or tow pac kit. Budget \$13,000. Please email Jo & John Taylor at jojohn57@verizon.net**

Submission of pictures and articles is requested and encouraged. As a Chapter member, this is YOUR newsletter; articles may be submitted on a wide range of topics related to motorcycling and Chapter activities. All articles submitted to this newsletter will be edited at the discretion of the Newsletter Editor and Chapter Director based on available space. E-mail submissions to the newsletter editor at graneth1@verizon.net must be received no later than the 10th of the month to be entered in the current edition. Thanks for your support and articles.

The Cook's Corner by Debbie Bonham

CHOCOLATE CHIP CAKE

1 stick butter
 1 (8 oz.) cream cheese
 1 1/4 c. sugar
 2 eggs
 1 tsp. vanilla
 1/4 tsp. baking soda
 1/4 tsp. salt
 1 tsp. baking powder
 2 c. flour
 1/4 c. milk
 lg. pkg. chocolate chips
 1/2 c. sugar
 2 Tbsp. melted butter
 1 tsp. cinnamon

Cream butter, cream cheese and sugar well. Add eggs and vanilla. Beat well with electric mixer. Mix together in another bowl the soda, salt, baking powder and flour. Add the milk alternately with the dry mixture into the butter, cream cheese, sugar, eggs and vanilla mixture. The first and last addition should be the dry ingredients. Fold the chocolate chips in. Make a topping of sugar, melted butter and cinnamon. Let it stand and cool before sprinkling on top of batter. Pour batter into a greased and floured Bundt or tube pan. Sprinkle topping on. Bake at 350 degrees for 50 minutes or until done. Turn out of the pan while still warm.

Chapter "D" is on the move! *Come ride with us! All bikes welcome!* The Tuesday rides are now active all year long as the weather permits. Contact Tommy, Rich or Ted for information or to be put on the email list. Tell us what you would change, keep the same, or send us your ideas for rides, etc. For more information, or to be added to our phone tree, please contact one of our Chapter Staff. We hope to see you out there.....Ride Safely. Evn00@verizon.net (Ted's email)



Our well wishes for those ill, injured or hospitalized. Let's please keep these fine folks in our hearts and prayers. If you hear about someone being ill, please pass this info on to Ethel or Rich so we can note this in the newsletter.

- Larry Crow's mom (Maxine Crow) is at home recovering from a mild stroke. We wish her a quick and complete recovery.
- Marie Crow had knee surgery on the 8th of Feb. She will be out of work until the 21st. We send her our best while she recovers.
- Junie Miller's granddaughter (age 15) is in Orange County California Children's Hospital and has been diagnosed with Ovarian Cancer. She is undergoing treatments and so far these are working. The cancerous tumor is shrinking and the other cancers in her body have disappeared. Let's keep Junie, his granddaughter and the whole family in our thoughts and prayers. We know prayer works so let's keep this one working.
- Belle Miller will be undergoing surgery soon. Let's keep Belle in our thoughts and prayers that all turns out well.
- Tommy Broughton's 90 year old mother had brain surgery to remove a cancerous tumor on January 7, 2011. After surgery she had a mild heart attack. Our thoughts and prayers are with the family as she recovers now in Rehab.
- Diane Flournoy fell and broke her arm. She had surgery to put in pins/plates, etc. Hope she heals with no problems.
- HALL, Larry Burnette Sr., 64, of Richmond, Va., departed this life on January 28, 2011. This was Calvin Hall's brother. Calvin's brother passed about 2 weeks after he'd just lost his father Freddie Hall. Our thoughts and prayers are with you during this sad time.
- We have a grandson! Calvin Andrew Bonham born 2/9/11 and weighs 9lbs. 8 oz 22 1/2". Mom and baby are doing great! Rich and Debbie



Phoenix News Summary

WING DING 33 KNOXVILLE, TN

July 6, 2011 through July 9, 2011 <http://www.wing-ding.org>

Register and make your room reservations now! We're staying at the

Extended Stay on Winston Road in Knoxville (approx 7 miles from the center) so if you want to stay with our group, contact them now for rooms. They will be booked up soon.

Happy Valentine's Day

Every February 14, across the United States and in other places around the world, candy, flowers and gifts are exchanged between loved ones, all in the name of St. Valentine. But who is this mysterious saint, and where did these traditions come from? February has long been a month of romance. St. Valentine's Day, as we know it today, contains vestiges of both Christian and ancient Roman tradition. So, who was Saint Valentine and how did he become associated with this ancient rite? Today, the Catholic Church recognizes at least three different saints named Valentine or Valentinus, all of whom were martyred.

One legend contends that Valentine was a priest who served during the third century in Rome. When Emperor Claudius II decided that single men made better soldiers than those with wives and families, he outlawed marriage for young men — his crop of potential soldiers. Valentine, realizing the injustice of the decree, defied Claudius and continued to perform marriages for young lovers in secret. When Valentine's actions were discovered, Claudius ordered that he be put to death. Other stories suggest that Valentine may have been killed for attempting to help Christians escape harsh Roman prisons where they were often beaten and tortured.

According to one legend, Valentine actually sent the first "valentine" greeting himself. While in prison, it is believed that Valentine fell in love with a young girl — who may have been his jailor's daughter — who visited him during his confinement. Before his death, it is alleged that he wrote her a letter, which he signed "From your Valentine," an expression that is still in use today. Although the truth behind the Valentine legends is murky, the stories certainly emphasize his appeal as a sympathetic, heroic, and, most importantly, romantic figure. It's no surprise that by the Middle Ages, Valentine was one of the most popular saints in England and France.

Weekly Tuesday Ride Highlights – February 8, 2011 by Ted Nelmes

Five motorcycles arrived at the Islamorade Fish Company Restaurant inside the Bass Pro Shop in Ashland. Riders included Bill McGill, Dave Wagner, Tom Westendorf, myself and a long time friend of mine Bill Pitman who recently retired. I decided to pick a meeting place to accommodate some of the people who live north of Richmond. Both Bills and Steve Flournoy live close to the Bass Pro Shop.

We were wondering if Steve Flournoy was going to come as no one had heard from him and he doesn't always respond to emails however I can tell if he has received them. We were just getting ready to order when Steve arrived. Now we had 6 bikes. After some great salads, soups and sandwiches we had to make an important decision; to browse the Bass Pro Shop or go riding. Knowing the store is addictive I immediately told everyone we were headed to our motorcycles. Four GL 1800's, one GL1800 Trike and one VTX 1800 headed North on Ashcake Road, then on many twisty, beautiful, scenic back roads through Beaverdam, Bumpass to Mineral, VA. Just before we got to Beaverdam a huge wild turkey (estimated at least 25 pounds) crossed the road right in front of me. It was so big I originally thought it was a Vulture however the 6 inch plus beard and small head gave it away. The temperature had dropped from 47 degrees to 41 degrees when we arrived in Mineral. Our new rider Bill P. who wasn't used to riding in cold conditions was riding his VTX but never complained about the weather. "Only thing he missed was his full face helmet as his face was cold, he said."

We stopped at a local diner/Italian Restaurant and had some coffee and homemade pie. Bill McGill and Tom have become our pie connoisseurs and Steve our Chili expert and me the Diner/Mom and Pop cheap food expert. Turns out they have a daily lunch/buffet of all the Pizza and Salad you can eat for \$6.95. As many times as all of us have been through Mineral, none of us had ever knew about the diner probably because it is about a mile off of Rte 522.

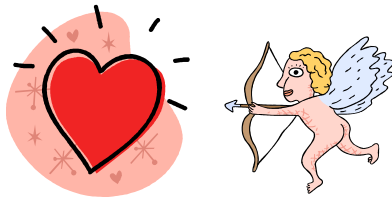
After filling and warming our bellies we headed south on Rt. 522 back to Richmond. With the temperature at 40 degrees and dropping I changed to my electric gloves Both Bill's departed on Rt. 33 and Steve on I64. The rest of us stayed on Rt. 522 thru Goochland on Rt. 711 to Rt. 288 and on to Chester. Everyone stated they had great time and looking forward to next Tuesday's ride. Our new rider Bill Pitman mentioned that he owns a farm in WV about 350 miles from Richmond and wants to plan an overnight trip this spring or summer. *Ted Nelmes*

This is a list of the VA Chapter Directors so you will know these folks when you get to Wingless and Rally in the Valley this year. Many changes, new faces and leadership. C U There!

Virginia Chapter Directors

CHAPTER LOCATION - CD	PHONE	MEETING
VA-A Burke, VA Mary O'Connor	703 378 3873	2nd Monday
VA-B VA Beach Al & Karla Dobbins	757 426 6110	2nd Wednesday
VA-C Hampton/Newport News Julie Steele	757 898 0735	2nd Sunday
VA-D Richmond Rich & Debbie Bonham	804 748-9025	4th Wednesday
VA-E Fredericksburg Gordon Combs	540 840 0394	3rd Wednesday
VA-F Winchester George & Brenda Tincher	571 934 7067	4th Sunday
VA-H Abingdon Paul & Dorothy Baker	276 628 6047	2nd Tuesday
VA-I Manassas Tom and Kathy DeWispelaere	703 593 2392	2nd Sunday
VA-J South Boston William & Sandy Morgan	434 836 2920	2nd Monday
VA-K Roanoke Bobbi Jo & Durwood Harrison	540 890 2890	2nd Monday
VA-L Chesapeake Martin Tengowski	757 986 2847	4th Tuesday
VA-M Martinsville Rocky & Joyce Clark	276 632 7215	3rd Tuesday
VA-O Wmburg Joe Dickson & Karrin Frankie	757 872 0690	4th Sunday
VA-P Charlottesville Cynthia & Mike Traver	434 973 5613	3rd Sunday
VA-Q Covington Stephen Pendleton	540 862 7124	3rd Thursday
VA-R Harrisonburg Les & Diane Warren	540 377 6282	1st Sunday
VA-U Hanover Dave and Norma Miller	804 222 3119	3rd Sunday
VA-V Bedford John & Barbara Harmon	540 890 4899	3rd Sunday
VA-W Chester Bill Martyn & Jennifer Knight	804 241 6910	2nd Tuesday

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Happy Valentine's Day

**GWRRA Chapter D
Richmond, VA
February 2011
Newsletter**

**GOLD WING ROAD RIDERS ASSOCIATION
MOTTO: FRIENDS FOR FUN, SAFETY AND KNOWLEDGE**

**Your Next Gathering will be at Candela's on February 23,
2011**



**Quote of the Month: "My friends are my estate."
- Emily Dickinson**